

Intro to Mental Health Questionnaire/Professional Disclosure

In order to supply quality therapy, I ask you to please fill out the attached Mental Health Questionnaire and read and sign the Professional Disclosure form before our first appointment. You may email them to me or bring them into our first session.

The Mental Health Questionnaire contains some personal questions about factors that may have an influence on your concerns, including but not limited to: your family of origin, medical issues, family medical history, cultural, marriage status, substance use, traumatic events, legal issues, and religious/spiritual affiliations. These questions are not meant to embarrass or judge you, but to help me help you the best I can. You do not need to answer any question that you are not ready to answer.

The Professional Disclosure Form explains my procedures, the state and federal laws, and your rights. It will also address my responsibilities as a therapist and what is expected from you as a client.

Please feel free to contact me with any questions or concerns.

I look forward to meeting you!

Alan Zupka
3222 Corrine Drive
Orlando, FL
32803
AZupkaCounseling@gmail.com
407 986 2888